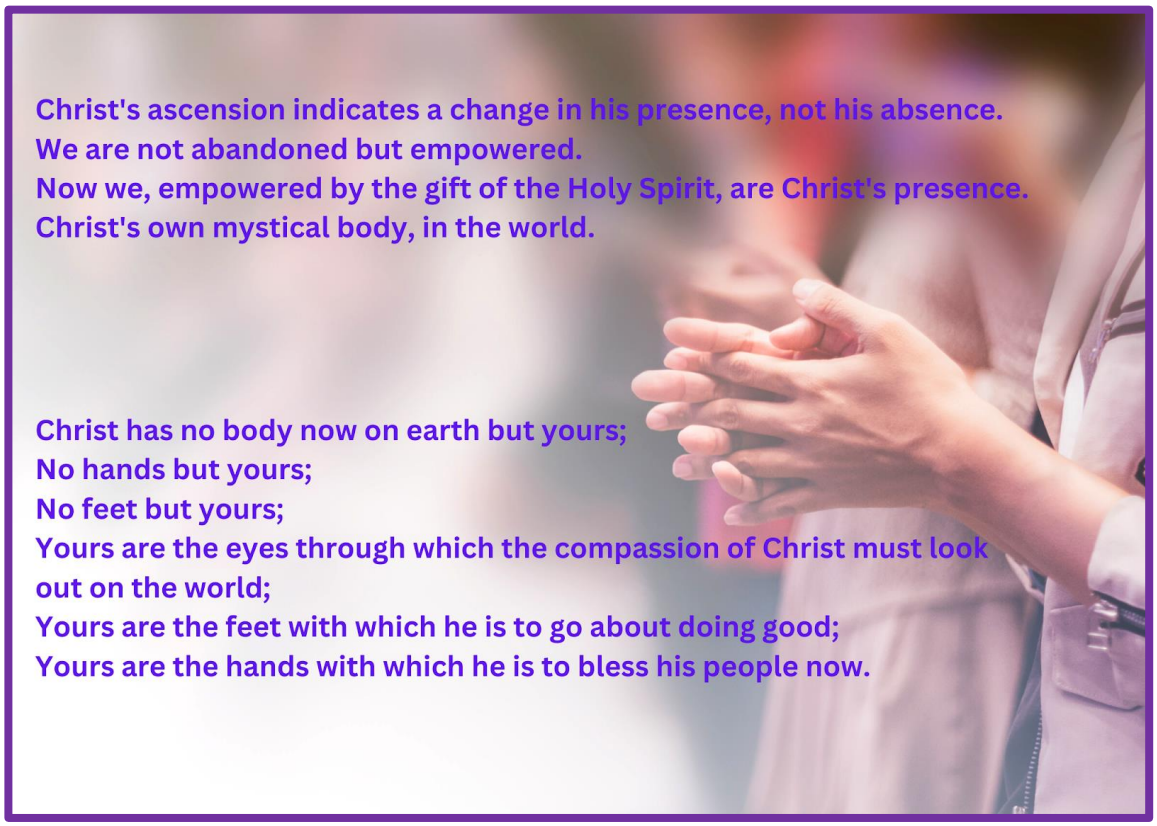
HOLY ROSARY SCHOOL KENSINGTON

NEWSLETTER

Monday
22 May 2023
Term 2 Week 5

Dear Parents and Friends of Holy Rosary



On Sunday we celebrated Christ's ascension into heaven. This prayer attributed to Saint Teresa of Avila reminds us that God has called each of us to be Christ in the world today. Last Friday we shared the prayer of Teresa with our newly formed Student Representative Council and explained the MACS vision to them, 'Every student is inspired and enabled to flourish and enrich the world.' At Holy Rosary, when 'we shine with Mercy Spirit' we are also enriching our world. Our children often lead the way for us and we look forward to seeing the work of our SRC in enriching our world in the coming months. At their first meeting, the SRC shared their responsibilities in this new role; to listen, to ask questions, to share their ideas and to take action. We congratulate our SRC members on their peer elected roles. We will present them with their badges at today's assembly. We welcome you to join us at 2:50pm this afternoon.

Newly Elected Student Representative Council Members

3/4 Navy Thomas, **3/4Sky** Olivia, **3/4 White** Maeve
5/6 Navy Eva, **5/6 Sky** Estella, **5/6 White** Jack

Fortnight at a glance	
Wednesday 31 May	Lunch time concert (students only)
Monday 5 June from 6:30pm	Family Funday Information Night
Friday 9 June	Reconciliation

Holy Rosary School is committed to the safety, wellbeing and protection of all children in our care.

PO Box 1192 (37 Gower St) Kensington VIC 3031 Phone: 9376 9455 Fax: 9376 5797
Email: frontoffice@hrkensington.catholic.edu.au Website: www.hrkensington.catholic.edu.au

Important Dates	
Monday 12 June	Public Holiday King's BD
Friday 16 June	Round One enrolments close
Monday 19 and Tuesday 20 June	Year 3/4 Camp
Thursday 22 June	Winter Warmer Day 2023 Parent Teacher Interviews dismiss early
Friday 23 June at 2:30 pm	Term 2 ends
Monday 10 July	First day of Term 3
Friday 21 July	Student Free Day
Sunday 23 July	Eucharist
Friday 25 August	Book Week celebration (Read, Grow, Inspire)
Sunday 27 August	Confirmation
Monday 2 to Wednesday 4 October	Year 5/6 Camp

Farewell… for Now!

Last Friday, Vicky Smith, 3/4Sky teacher left us to begin her family leave. Vicky is an amazing teacher and we thank her for her skill, patience, dedication and love for the children she has taught over the past 18 months. We wish her and Tom all the very best as they embark on this new adventure. We look forward to meeting her new bundle of joy in the near future.

It's been a very busy start to the new term. We've had meetings for our School Advisory Council, Social and Fundraising Team, Family Fun Day, Sacramental Commitment Masses, Year 1 and 2 swimming, Staff Professional learning in PBL, Mathematics, RE and Literacy, cross country trials, auditions for our school production, Mother's Day breakfast, liturgy and cake stall, Walk safely to School Day and Science Fair. And of course, a plethora of class learning experiences.

Mother's Day Gathering and Liturgy

We are always looking at ways to refine our practices and we invite you to share your feedback on our Mother's Day Gathering and Liturgy. On a personal note, I thought it was wonderful to see our Mums gathered around the coffee van chatting. I loved the liturgy and especially the way the roles were shared across the school. I thought it was very special to see the way the children worked together to make the liturgy special for the Mums. And we thank Liam, Thu-Trang and Gwen for generously sharing their insights with us all. On the other hand, I cringed at the sound system and our singing could be better! Please let us know your experience.

2023 Holy Rosary Mother's Day Gathering and Liturgy Survey link please click here.

Mother's Day Cake Stall

We often say many hands make light work and this applied to our cake stall. Hats off to parents who baked, packed, labelled, priced and displayed cakes, served or helped to pack up. There was so much to do! The results were exceptional; providing a service to the Kensington community, enhancing relationships in our school and raising over $5000 for facilities for our children. We especially thank Jane and Naomi for their amazing work as convenors. Brilliant job ladies. And of course to Bubba Pizza- Huge thanks for your generosity!
And last but not least we recognise Emma who has been working both in the kitchen at home and behind the counter at Bubba Pizza. Congratulations and thank you Emma. You have been shining with Mercy Spirit!

Semester 1 Reports Parent Teacher Interviews
Teachers are in the process of writing Semester 1 reports which will be emailed to parents via Nforma on Friday 16 June. Reports will look slightly different this year as we are not including report tables. This is a result of teacher and parent feedback. We look forward to welcoming parents to our **Parent Teacher Interviews** to be held on **Thursday 22 June. Please note that children will be dismissed at 12pm on this day.** TeamKids is available for families who require their service. It is important that parents attend the interviews as teachers will be showing examples of children's work and progress to date. Parents will be able to book times via the School Interviews App. Details to follow in the next week's newsletter.

Welcome Back
Today we welcome Ant and Lyn back to work after their exciting time away from school on Long Service Leave. We thank Michaela for her exceptional work in Learning Diversity and stepping back into full time work. We also thank Anne, Nadia and Chisachi who have all assisted in a multitude of ways to cover Lyn.

Walk Safely To School Day

It was great to see so many children and families taking part in the National Walk Safely To School Day. At the end of the journey, families were rewarded with a fresh piece of fruit generously donated by Coles Showgrounds Village. We thank them for their support in supplying an abundance of fruit for us to enjoy.

Family Holidays
We request that families please advise the class teacher and front office in writing when your children will be absent due to a family holiday. If we do not hear from you, the office staff can spend considerable time attempting to contact families, and if there is no response we may need to inform the police.
Front office email: frontoffice@hrkensington.catholic.edu.au
Staff email address on our website

How do I get a reference for my child?
We have had a number of requests for references for children seeking enrolment in secondary schools. We are happy to write a reference but we request that you follow the following procedure to assist us in writing a meaningful reference.

1. Please forward your request to the office (frontoffice@hrkensington.catholic.edu.au) with a bullet list of extra curricular activities your child has participated in/currently participates in at school/parish. This may include events such as Science Fair, piano lessons, Speech and Drama, Maths Olympiad, swimming training, sacraments, parish involvement. Some schools also require a list of the ways parents have supported the school. Please add these items should you wish them to be included.

2. Provide the name of the person to whom the letter will be addressed, their role, and email address.

3. The principal or her representative will ask class and specialist teachers for any further information including academic and social/emotional strengths. This information will be included in the letter which will be emailed directly to the school.

We are unable to write more than one reference per student but we can modify the reference should you wish to apply to more than one school.

Interested in Instrumental Lessons?
Please check the website for further details: https://www.hrkensington.catholic.edu.au/learning-teaching/additional-learning-opportunities/

Prep Enrolments
Current families with a child entering Prep in 2024 are asked to enrol now. It is important for us to know how many places current families will take before we begin offering places to new families. You may enrol by completing the forms on our website or by collecting a pack from the office. If you have friends considering Holy Rosary for Prep or other year levels, please ask them to call the office to make an appointment for a school tour. Round One enrolments close on 16 June, 2023 and offers will then be made to these families. Round Two offers will remain open until August.
Front office email : frontoffice@hrkensington.catholic.edu.au

Uniform
We find many uniforms throughout the school, especially jackets and jumpers. These can be returned to their owners very quickly if they are clearly named. Please check your children's uniforms to ensure you have the correct clothing items at your house and that all items are clearly named. This week we are focussing on uniforms as part of our PBL lesson and we will include the need for children to take good care of their clothing.

Email from Fernanda on Friday 12 May

Hi everybody!

We have great news. Liam's little brother was born yesterday!
Baby Rafael is happy and healthy. I bet Liam told everyone at school already today how excited he is!
Hopefully see you next week!

Regards
Fernanda

Assembly: Mondays		Mass: Fridays
Assembly begins at 2:55pm in the Hall.		*Mass begins at 9:15am. Classes should be seated by 9:10am*

Term 2

Date	Class		Date	Class
22 May	5/6W		**26 May**	3/4W
29 May	5/6N		**2 June**	5/6S
5 June	3/4W		**9 June**	5/6N
12 June	King's Birthday		**16 June**	5/6W
19 June	3/4N		**23 June**	N/A

Victorian Premiers' Reading Challenge

Congratulations to Wilma in 3/4 Sky for successfully completing the Challenge.

Scholastic Book Club Issue 4

Scholastic Book Club Issue 4 order will be closed on Sunday 28 May 2023. Please use LOOP to place your order. (No cash order) Please visit https://www.scholastic.com.au/book-club/book-club-parents/ for more information and online version of the catalogue Issue 4.

Bread Bag collection

Collection box is located in the front office. Please drop off the bags there.
https://wonder.com.au/wonder-recycling-rewards

School Facebook link

https://www.facebook.com/profile.php?id=100046520094177

Inform and Empower- Student Report
All our students from Prep to Year 6 participate in online sessions to learn about cybersafety each term. You will notice that the 'Inform and Empower' sign has been added to our gate. This week Lulu, Cooper, Eva and Jobe provide you with an insight into their learning in this important space.

Hi, this is Lulu & Eva and we are in 5/6 Navy. In Terms One and Two we watched two live streams from **Inform and Empower** and we are going to tell you what we have learnt!

Term 1
In Term One we learnt about being safe and cautious on the internet. We were educated about being careful about what you post online and being aware that if you do post it then it can potentially become permanent for everyone to see.

We also learnt about where you can find help if you feel unsafe online for example you could go to a trusted adult such as mum or dad, or **Kids Helpline.** Some of the Inform and Empower keywords are **Aware, Brave, Kind and Clever.**

Term 2
In Term Two we learnt about having a balance of being on devices and being off devices which they called 'screen time and greentime' and having a balance of both. Green time is when you are not on devices and spending time with family or friends, going to the park, going on a walk or even reading. Greentime does not always have to be outside it can be inside.

Inform and Empower also taught us why video games and social media apps are so addictive, for example, Tik Tok has infinite scroll or some games have daily rewards.
Eva & Lulu

Hello! This is Cooper and Jobe from 5/6 Navy and we would like to talk to you about what we have learnt from the team at **Inform and Empower**.

What we have learnt this term on cyberbullying: This term we watched a livestream from Inform and Empower, and we learnt about cyberbullying, accounts, screen time and green time.

Cyberbullying is when people are being rude on online games, text messages and social media. If you need help you can call Kids Helpline or you can talk to parents and family.
Accounts: Online accounts are a place to put photos when you're on social media and when you are playing games, it's where you can change your avatar and you can put feedback on. Inform and Empower showed us a video where a photo was posted on social media and only received 5 likes. This made the child very upset and he realised that he should not be chasing likes online.

Screen time and green time: Screen time is when you are on a device and you do not get off the device because it can be very addictive. Green time is when you are playing sport or reading and it does not involve a device.

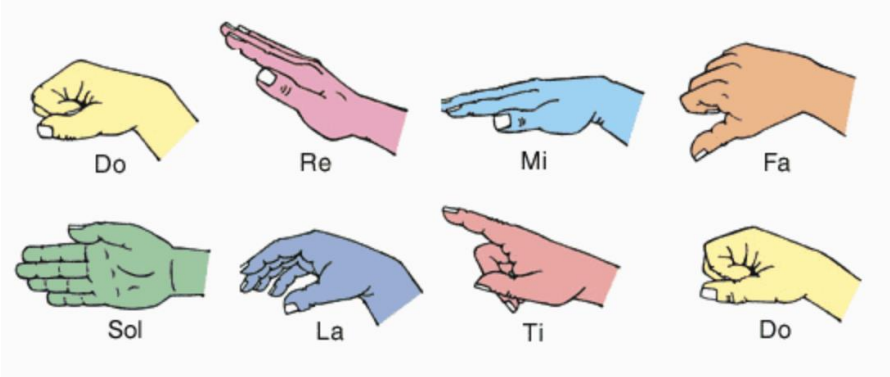
Jobe and Cooper.

MUSIC
Rock ‘n’ Rosary - Lunchtime Concert (students only)
Exciting news - Rock ‘n’ Rosary is going to be holding a lunchtime concert! We will be performing two songs, and we can’t wait to share our energy with students of Holy Rosary. Please come outside the music room during the second lunch, and get ready to rock ‘n’ roll!

When: 31st of May (Wednesday)
Time: Second lunch
Where: Outside the Music room

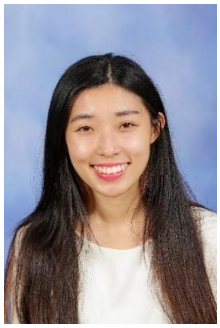
Note: This is a concert for students only.

MUSIC - What we have been learning so far
This term in Music, students have been learning about solfege. Solfege is a music education method used to teach students aural and sight-singing skills. I’m sure most of us have heard of the song “do-re-mi” from *The sound of music* - that is solfege! Students have been learning to recognise the solfege syllables (do re mi fa so la ti do), and using hand signs to consolidate their learning of the syllables.



Students have been engaging in activities that support their learning of solfege syllables. Students have been practising the song “do-re-mi” from *The Sound of Music,* not only singing along to the lyrics but also using solfege symbols to accompany the song! They have also learnt to sing various folk/children songs using solfege, including “Mary had a little lamb”, “Baby shark” and “Apple tree”. Our students also loved playing solfege based games such as “Mi Do Do”, “solfege bingo” and “Apple tree circle game”.

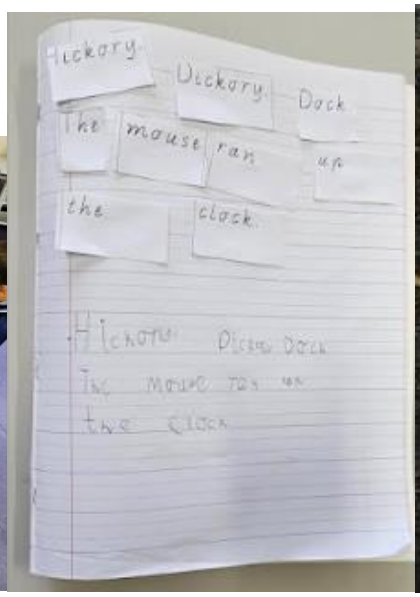
Additionally, senior students have been using their knowledge of solfege syllables to piece together mystery song puzzles. Simple songs notated in solfege syllables were cut into pieces, and students had to work in teams to piece the parts together to form one song. Many students have been impressed with their ability to draw on what they have learnt about solfege to solve the puzzles. I was also inspired by students who persisted in solving their puzzle to the very end, despite facing challenges and difficulties in between.



Zoe, Music teacher

Prep Learning Term 2 Week 4
Literacy
In Literacy the Prep students have been singing, reading and writing an assortment of nursery rhymes. It is very important for Prep students to hear and use rhyme, rhythm and repetition to help build literacy skills. Some tasks we have completed using nursery rhymes include sequencing the nursery rhyme, reconstructing a rhyme that is out of order, summarising what happened in the nursery rhyme, using a story map and filling in the blanks of the rhyme. Along with this we have been hunting for sight words in each of the nursery rhymes to build our sight word bank to help us become fluent readers.

For our writing we have been innovating on the ideas of the nursery rhyme to make it our own. Our favourite piece to write has been Hickory, Dickory, Dock because we imagine all of the different animals that could climb the clock instead of a mouse.

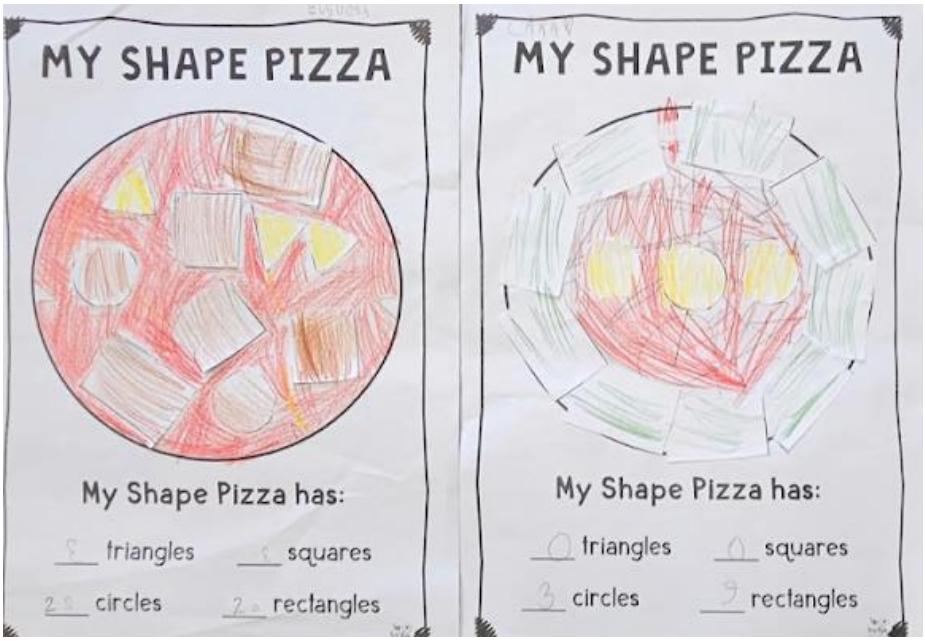


Faith Life Inquiry
In Inquiry we have been investigating change, over the last few weeks our focus has been seasons. We have been discussing the types of clothing or activities that we might engage in while each season is upon us.

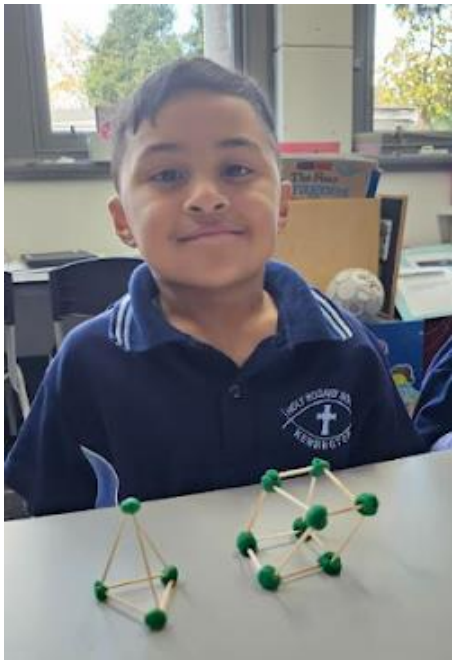
In Religion we have been exploring God's image, how to begin our prayer time and learning the Hail Mary.

Mathematics
Each day in Mathematics we warm up with a Number Fluency activity. Our favourite activities at the moment are: Race to 10 (class vs teacher), Buzz, and Guess the Number.

Our focus for the last two weeks has been 2D and 3D shapes. We sorted a variety of 2D shapes and discussed their special features. Each student made their own shape pizza using 2D shapes, we had to cut, glue and draw shapes onto our pizza. When we finished we had to count how many of each shape we had on our pizza.



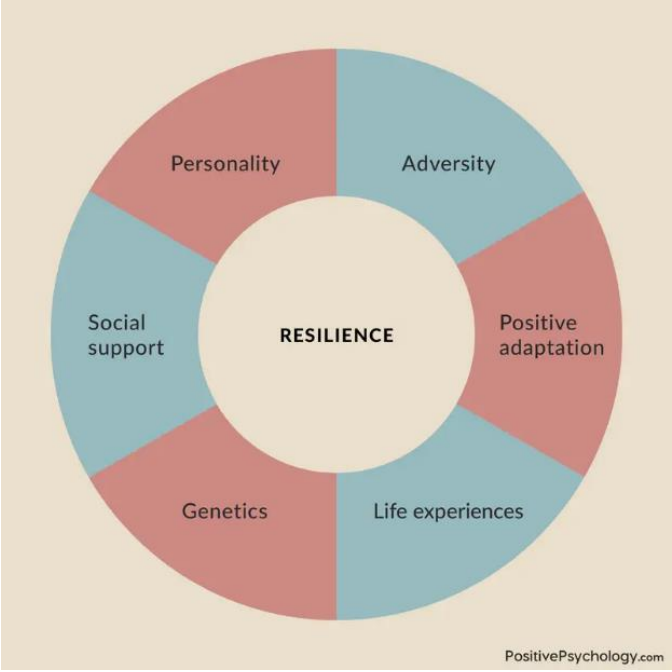
We began investigating 3D shapes by going on a shape hunt on the adventure playground.
We practised sorting different 3D shapes such as spheres and cubes and our favourite activity this week has been using playdough and toothpicks to create 3D shapes; we were so pleased with our creations.



Wellbeing/Learning Diversity

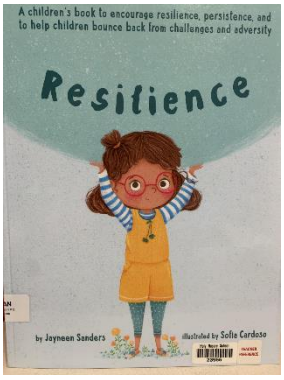
At Holy Rosary School all children and families are expected to be Wellbeing Warriors who look after the safety and wellbeing of themselves and others

Resilience is a word we frequently heard during the Covid pandemic, especially about the need for our children to be resilient in order to cope with the challenges of that time.
The definition of resilience is the ability to bounce back from adversity - the ability to be flexible and adaptable in our thoughts, feelings and behaviours so that we come out the other end stronger and more able. Resilient people aren't free from feeling down or struggling with negative thoughts, however, they are more likely to overcome those thoughts and feelings and take control of their lives or the situation again. Last week we talked about character strengths - these play an important role in developing resilience. It's our character strengths, or traits, that enable us to think optimistically and flexibly, solve problems, persevere, manage our emotions and set goals. Resilience is something you can develop over time by knowing your strengths and applying them. It is said that resilient people are more open to new experiences and to trying new things, because they see mistakes as opportunities to learn. They also tend to break new experiences into smaller parts, making them easier to tackle, rather than becoming overwhelmed by the big picture. Other elements that contribute to resilience include your life experiences, your genetics and your social supports, as depicted in the diagram below.
We all want our kids to be resilient people, however it's more than just telling them to 'get over it' or 'you'll be right'. We need to make sure we are teaching them the components that help to make someone resilient.



Book of the Week

Resilience is a picture story book that models being resilient and adaptable as we grow, learn new things, make mistakes and try again. It models persistence and other character strengths that contribute to resilience. If you'd like to borrow this book you can ask Michaela.



For older students the **Once** series, by Morris Gleitzman, is an excellent example of resilience as told from different characters, often children. Characters are faced with different difficulties in life from war to fire. We have this series in the library if you would like to borrow these books.

Holy Rosary Positive Behaviour for Learning

Every child has the right to learn and every teacher has the right to teach.

This week's PBL lesson: Wearing the correct school uniform
Next week's PBL lesson: Being a positive bystander

Lesson Plan: I can wear my uniform correctly.

Step 1: List Learning Intentions and Success Criteria

LI: We are learning to wear our uniform correctly.

SC:
I can wear my full academic uniform on the non sport school days.
I can wear my full sport uniform on allocated PE and sport days.

Step 2: List a rationale for teaching the behaviour
Why is it important?

Holy Rosary School Values: Relationships, Respect, Resilience, Integrity, Kindness (highlight relevant values)
Holy Rosary School Expectations: Safety is our right. Learning is our responsibility. Respect is our way. (highlight expectation)

Wearing our school uniform identifies us as members of Holy Rosary School. When we wear our uniform correctly we show pride in our school, and our appearance, and we ensure our safety.

Step 3: Identify examples and non-examples of the desired behaviour
What would the behaviour look/sound like? What would the behaviour not look/sound like?

Examples	Non-examples
Student photos with labels explaining which pieces of uniform are to be worn for PE, academic, summer, winter. Use the website to see the items available for purchase via Noone. https://www.noone.com.au/school/holy-rosary-school/shop **Academic** Shorts, long pants, tunic, skirt, dress Navy or white socks, navy tights with winter uniform only Skivvy or HR polo Jumper (wool blend) Soft shell jacket Black school shoes with laces or buckle/velcro School hat **Sport** Two tone polo Skort, shorts, tracksuit pants Navy or white socks Windcheater Runners School hat We take care of our uniforms Put them in our bags when not wearing them Make sure they are named.	Leggings Runners with academic uniform Nail polish Hair not tied back and away from face. Hair accessories that are not plain navy, white or sky blue. Socks with logos Jewellery, including friendship bracelets, wrist bands and anklets Non Holy Rosary hat (e.g. caps) Coats and puffer jackets inside Boots/non standard school shoes Mixed summer/winter uniform Mixed academic/sports uniform Leaving uniforms on the ground, on the bag boxes, at TeamKids Not having my name on uniforms

Michaela, Student Wellbeing Leader / Antoinette, Learning Diversity Leader

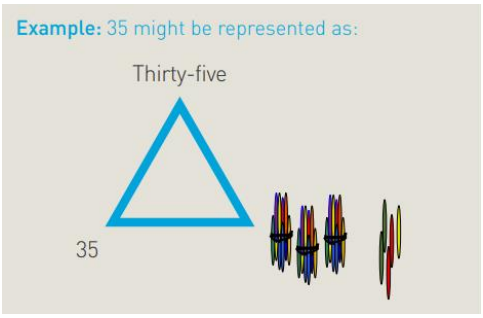
Mathematics

Without mathematics, there's nothing you can do. Everything around you is mathematics. Everything around you is numbers. -Shakuntala Devi

The Key Ideas of Whole Number Place Value

During the planning of our maths lessons at Holy Rosary we consider the overarching ideas of place value through the exploration of estimation, benchmarks, visialisation equality and equivalence, language and strategy.

The specific key ideas when understanding place value are:

Quantity The quantity is an amount of something which is determined using a number and a unit. 	**Number triad** A number triad represents the relationship between words, symbols and materials or diagrams of a quantity. 
Digit position The place of a digit in a number determines its value. There are three ways to interpret a single digit within a whole number: face value, place value, and total value. **Example:** in 729, the seven has a face value of 7, a place value in the hundreds place, and a total value of 700. Zero can be a placeholder and a digit representing a quantity.	**Base-10 system** The base-10 system is a number system that is based on grouping and equally partitioning quantities by tens. Each place has a value that is 10 times greater than t place to ots right, and one-tenth of the value of the place to uts left. **Example:** 1000 is ten times more than 100 and is one-tenth of 10 000.
Place-value partitioning Place value partitioning is breaking a whole number into its place value units. **Example:** 836 = 800 + 30 + 6 (compact and expanded form)	**Comparison** The relative size of two quantities can be compared either to each or a benchmark. **Example:** when comparing 22 and 13, a calculation is not required because 22 has two tens and 13 has one ten, therefore 22 is larger than 13.

Sarah, Mathematics Leader

Many hands make light work!

HOLY ROSARY SOCIAL & FUNDRAISING GROUP

Amazing news on funds raised from the Mother's Day Cake Stall to start our Week 5 update. Thanks to all your hard work baking, wrapping, serving (and buying!), **we were able to raise $5437.00** for our school! What a superb effort! Thanks again to Bubba Pizza for hosting us. Please be sure to support them where you can.

We have a lovely selection of leftover jarred preserves from the Mothers Day stall. These will be available for sale in the yard at school pick up time on Friday 26 May. $2.00 each or 3 for $5.00.

FAMILY FUN DAY IS BACK – we'd love you to get involved!

The rides have been booked! The date is set! The Holy Rosary School Family Fun Day will make its long awaited return this year from 10am – 3pm on **Saturday 18th November**!

Thank you to all that were able to attend our sub-committee meeting on Monday evening. We have a very exciting goal in mind for this year's FFD funds and this will be announced to the school community at our **FAMILY FUN DAY INFORMATION NIGHT**. In the past we have held a "Stall Holders Information Night", but as Prep – Year 4 families may not have been to this significant event on the school calendar, the committee felt a general info night may be more helpful this year.

We'd love to invite all parents and carers to the school on Monday 5th June from 6:30pm for a brief presentation to showcase what Family Fun Day is all about and meet other school families. We'll have our FFD sub-committee on hand to field questions and hopefully you'll come away with a better idea of what to expect and ways you can get involved (and get to know a couple of new faces at school pick ups).

In addition to announcing our fundraising goal, we will also announce this year's rides, games, food and beverage and other stalls and there will be an opportunity to sign-up on the night if you'd like to be a stallholder or help out on a particular stall. Why not get a group together? Don't worry, you won't be pressured into signing up to anything you don't want to!

For anyone that can't make it to the info night, please feel free to email **holyrosaryFFD@gmail.com** or approach any of the sub-committee members or Team Leader Taryn with any questions or other offers of assistance. We understand it's a school night, so if you don't make it, one hot tip to pass on from previous HR parents is that this event is a fantastic way to get involved in the school community and meet other families. It's an amazing day for the kids, they'll hopefully sleep well that night and you might like to consider booking a babysitter for the evening of FFD, when there'll be many celebratory catch-ups happening at Hardimans and HR family homes throughout Kensington. Many amazing friendships have been forged over the years!

We hope to see many of you at the info night.

Fun Lunch Fridays

Fun Lunch Fridays (formerly Pot Luck) have started! Please remember to send change (up to $4) with your child if they would like to be involved. They can choose 1 food and/or 1 drink item each.

When: Fridays (second lunch)
Cost: $2 per item

If you have any questions or are keen to help during Term 2, please message Rachel Luong on 0425 723 844.

FOOTY TIPPING - Round 7-9 updates

Congratulations to our weekly winners, and those on our leaderboard. There's been some amazing tipping this year, keep up the great work. Will you be on top at the end?

Weekly winners
Round 7 - Tan Snape
Round 8 - Tazzzzzzz
Round 9 - Manda H

Top 8 Leaderboard
1 manda H (59)
2 TLColos (59)
3 Jeddie74 (58)
4 Tommy Snape (58)
5 Tan Snape (57)
6 Snappy Mat (57)
7 GraceMcA (57)
8 NaomiSmith

Weekly winners, please head to the front office to pick up your **1565 voucher** and your **Elements Coastal Activity Park mini golf voucher!** Your next update will appear right here after round 12.

To those taking part, please ensure you've paid your entry fee ($25pp, or $50 per family) in cash to the office, or via EFT to:

Account Name: **Holy Rosary Parents and Friends**
BSB No: **083 347**
Account No: **958170809**

Can you **please reference your name and event** eg: SMITH FAMILY - FOOTY TIPPING, so that the office can differentiate which event the money belongs to.

Winter Warmer Day 2023

Mark your diaries, Winter Solstice and the Holy Rosary Winter Warmer Day this year is **Thursday 22nd June**. Get those winter woolies ready!

We are looking for volunteers to lead this event. Please **email Erin** at holyrosaryfundraising@gmail.com with the subject header 'Winter Warmer volunteer' if you can help. The lead will coordinate the sourcing and buying of stock, order collection, and volunteer roles. We'd love to hear from you.

holyrosaryFFD@gmail.com

trybooking.com/CIFIT

SOCCER'S BACK!

REGISTRATION IS NOW OPEN

Pre-season training has started – come and join us at JJ Holland Park, Kensington for a FREE trial session.

MATCHES COMMENCE 22 & 23 APRIL 2023

TRAINING TIMES

U7 Mixed (Girls and Boys), U8 Boys	Wednesday 4.15pm – 5pm
U9 Boys, U10 Boys	Wednesday 5pm – 6pm
U11 Boys, U12 Boys	Wednesday 6pm – 7pm
U8 Girls, U9 Girls, U10 Girls	Thursday 4.15pm – 5.15pm
U11 Girls, U12 Girls	Thursday 5.15pm – 6.15pm

Training for the older teams will be advised

For more information visit our website **www.kfjsc.com.au/soccer**

https://www.kfjsc.com.au/soccer/

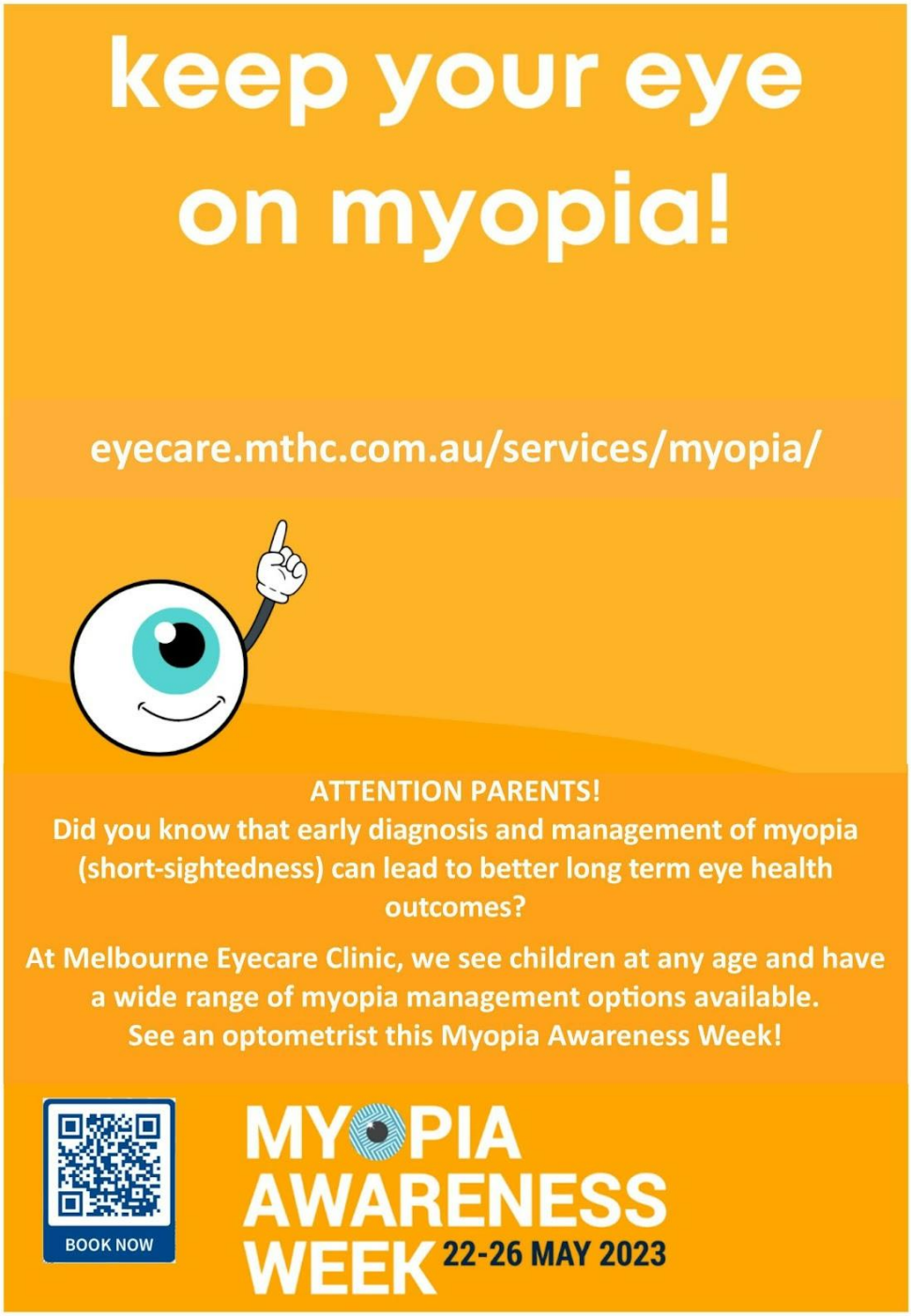
U9 and U10's 2023 Membership fee: $123
U11, U12, U13's 2023 Membership fee: $223

Membership fee includes player's kit, Football Victoria fees, coaching once/twice a week at Albert Park & weekend matches.

SCAN ME

"My weekly football training has taught me to think on the ball and has given me confidence to participate in football matches. It's a fun way to get active and make new friends!"
Emily L, Year 4, Windsor Primary School.

https://smwfc.com.au/



Myopia (also called near-sightedness or short-sightedness) is condition where distance vision becomes blurry. Often this will develop as a child or teenager. Worldwide there has been a significant increase in the number of people with myopia with each generation.

Why is it important to be aware of myopia and myopia progression?

- Higher levels of myopia are associated with increased risk of eyes diseases later in life: in particular retinal detachment, myopic maculopathy, glaucoma and cataract.
- Standard glasses and contact lenses traditionally have been used and do provide clear distance vision, but do not slow the progression of myopia

Are there any options to slow myopia?

- Optometrists have access to many myopia control treatments including orthokeratology, topical treatments (dilute atropine), specialty soft contact lenses, and specialty spectacle lenses.
- At Melbourne Eyecare Clinic, we have access to all of the evidence based and effective myopia treatment options.

Melbourne Eyecare Clinic | Melbourne Teaching Health Clinics
200 Berkeley St, Carlton, Victoria 3053 Australia
https://eyecare.mthc.com.au/

WHAT'S ON TERM 2

Team Kids

READY FOR FUN?

Our Term 2 Challenge is underway! Which school will win the title of **Eco-Engineers**?

What's on this term

MAY — MOTHER'S DAY CELEBRATIONS

JUNE — ECO-ENGINEERS CHALLENGE DUE

HOW TO REGISTER?

Head to **teamkids.com.au/register**
Allow **10-15 min** to set up your account.

HOW TO BOOK?

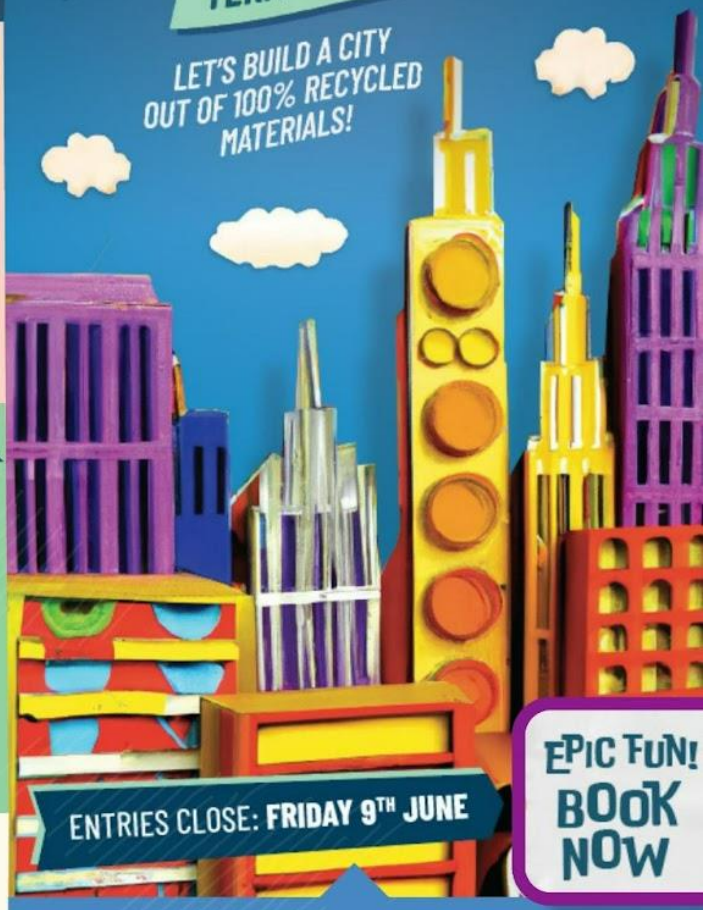
1. Sign in to your TeamKids account.
2. Select the following: » Add/Change bookings » Care Type » Child's Name » Date (it will turn green).
3. Click "Next".
4. Double check your bookings and click "Confirm Changes".

REGISTER It's Easy TODAY
teamkids.com.au/register

CALLING ALL ECO-ENGINEERS

TERM 2 CHALLENGE

LET'S BUILD A CITY OUT OF 100% RECYCLED MATERIALS!



ENTRIES CLOSE: **FRIDAY 9TH JUNE**

EPIC FUN! BOOK NOW

ARE YOU READY TO:

Showcase your awesome **ENGINEERING SKILLS**

GET INVOLVED and work together with your school and local community

Learn and think about **SUSTAINABILITY**

Come up with an **EPIC STORYLINE** and star in your entry video

teamkids.com.au **1300 035 000**

https://www.teamkids.com.au/