

## Dear Parents and Friends of Holy Rosary

### *A Prayer for Children*

*God our Father, you have blessed us with the gift of children;*

*Thank you for these precious gems which adorn our house.*

*Their laughter gives us joy and brightens our lives.*

*They are the expressions of your presence in our home.*

*Their growth shows the mysteries of your love.*

*May they experience your loving presence, advance in wisdom and grow in love.*

*Our Children's future is in your hand, and yet we have our own role to play in shaping that future.*

*Help us to be true to our responsibility so that we may assist them in responding to your graces and thus to become what we wish them to be.*

*Amen.*



What a wonderful performance we witnessed on Monday night! It's important to acknowledge those who contributed to this very successful evening that showcased the talents of our children. Firstly, we recognise those 5/6 students who showed courage, commitment and resilience in auditioning for a main role. Not all children were given their role of choice, but they were gracious in accepting the roles they were offered. Our entire cast rose to the occasion, not only gracing the stage with enthusiasm and vitality, but showing the values of teamwork, commitment, creativity, resilience, perseverance and joy.

We commend parents and families for their support and encouragement, providing an important foundation for the children to perform. Your presence at the Clocktower, your enthusiastic applause and your pride was very much recognised and appreciated. We thank staff for their hard work and dedication in a variety of ways: preparing props, listening to lines, supervising children backstage; the list goes on. Finally, we offer our deepest appreciation to our directors; Zoe and Andrea. Without their expertise, commitment, passion and dedication, the children would not have the opportunity to perform.

Fortnight at a glance	
<b>Tuesday 7 November</b>	Melbourne Cup Public Holiday
<b>Wednesday 8 November</b>	Year 1 Outdoor Education Program
<b>Friday 10 November</b>	Year 6 Water Safety Test
<b>Monday 13 November 9 am</b>	Parents Coffee Catch Up
<b>Wednesday 15 and Thursday 16 November</b>	Class Concerts
<b>Friday 17 November</b>	SRC Casual Clothes Day
<b>Saturday 18 November</b>	Family Fun Day 2023

*Holy Rosary School is committed to the safety, wellbeing and protection of all children in our care.*

Important Dates	
Wednesday 22 November	Year 2 Outdoor Education Program
Friday 1 December	Year 6 Big Day Out
Thursday 7 December 2 - 4pm	Carol
Monday 11 December 9am	Parents Coffee Catch Up
Thursday 14 December 7pm	Year 6 Graduation Dinner
Friday 15 December	Last Day for Students, ends at 1 pm
2024	
Sunday 24 August 2pm	Confirmation

As we were unable to take photos in the theatre, we would appreciate it if you could share any photos you may have taken of your children before or after the performance. Please send them to **front office**.

Email : [frontoffice@hrkensington.catholic.edu.au](mailto:frontoffice@hrkensington.catholic.edu.au)

We're also interested in your feedback on our production. Your ideas will help us as we prepare for any future productions. Please share your thoughts [here](#).

***We now turn our attention to Family Fun Day. Have you volunteered yet? We need the support of all families to help the smooth running of the day!***

SignUpGenius

<https://www.signupgenius.com/go/60B0845ADAF2AA7FF2-family#/>

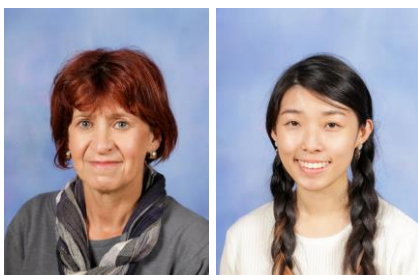
### **What's the Crime Mr Wolf - A message from our Directors**

We would like to acknowledge all students for their excellent work in our successful school production. We also acknowledge the students who had speaking/backstage roles, as well as members of our rock band. We were extremely proud of the efforts of every student who showed tremendous enthusiasm in their performances. It was wonderful to see the smiles on all their faces as they came off stage.

It is always rewarding to see students step out of their comfort zone and improve in self-confidence. You could see the pride students had after they successfully completed their performances. It was also wonderful to see the encouragement they provided for each other and the energy they demonstrated.

Thank you to everyone who supported the students with costumes, makeup, practising lines, and listening to the songs over and over again. We also thank the families and friends who came along to support the students as audience members. Your enthusiasm and energy helped make the performance as successful as it was.

Sincerely,  
Andrea and Zoe



## Teacher Agreement

As previously explained, a new industrial agreement recently came into effect in Victorian Catholic Schools. This new model, based on the agreement in public schools, has impacted the way Victorian schools operate. There are several components to the Agreement but there are three more significant changes. 'Time in Lieu' (TIL) now applies to all activities that teachers participate in outside their normal working hours. This means that schools must provide time in lieu for activities including parent teacher and getting to know you interviews, after school parent meetings, Prep induction programs, school discos, fetes, graduation activities, art shows, school productions, and of course Outdoor Education programs and camps.

In light of the Agreement, we have considered and prioritised all school events that involve children and their learning. We are working hard to minimise changes, particularly those that impact children and their learning. However, the Christmas Carols have been modified to be held during the afternoon rather than as an evening event. This is primarily based on TIL although other factors also contributed to this decision. We understand that this decision may be disappointing.

Each staff member has also been given a Flexi Day; one day per year to be undertaken on a date of their choice, with consideration to the school calendar. This too, has a further financial implication for our school.

Face to face teaching time needs to be reduced for our teachers in 2024, as well. We have discussed several options and have decided that next year we will make a small revision to our daily timetable. You may be aware that other schools have also modified their timetables. As of Term 1, 2024 the gate will continue to open at 8:30am but the first bell will ring three minutes later and the afternoon bell for dismissal will ring five minutes earlier.

Term 1, 2024

<b>Gate Opens</b>	8:30am
<b>1st bell</b>	8:50am
<b>2nd bell</b>	8:53am
<b>Dismissal bell</b>	3:15pm

## Healthy Families Webinar

We have a third and final webinar in the Healthy Families Series on Thursday 16 November. The topic is Tackling Tricky Conversations, How to feel more relaxed and empowered to have tricky conversations that are critical to your child's development.

Register here: [www.bit.ly/healthywebinar3](http://www.bit.ly/healthywebinar3)

## Congratulations

We offer our congratulations to Zoe, Daanja and Gemma on the successful completion and presentation of their Victorian Institute of Teachers (VIT) Action Research Project. This is the final stage of the process enabling them to move from provisional to fully registered teachers.

## Staffing News

Jodie recently accepted a teaching position at St Monica's School, Footscray. Jodie has made a significant contribution to the development of Science as a curriculum area at Holy Rosary and we are very grateful for her extraordinary work and passion for science. She set a very high benchmark in both her teaching and the extra curricular experiences she offered and showed exceptional dedication and commitment. We thank Jodie for her tireless work and efforts to bring so much to Science at HR and we wish her every success and happiness in her new role. As Daanja had already accepted a position at St Mary's School, Ascot Vale prior to Jodie's resignation, we are now advertising for a new teacher.

## Class Lists

Teachers are in the process of compiling class lists for 2024. Last week children completed sociograms identifying their ideal learning buddies. Sometimes, these are not their best friends and we encourage children to widen their circle of learning buddies, particularly in the senior classes in readiness for high school.

### Year One Outdoor Education Wednesday 8 November, 2023,

As part of our Outdoor Education Program we will be hosting our Year 1 students for an incursion followed by dinner at school. This event will begin at 3:20pm and finish at 6pm.

### Year 6 Water Safety Test at Vic Uni Pool - all Year 6 students to attend

The students from Year Six will participate in a Water Safety Program at Victoria University Pool on Friday 10th November, 2023. The purpose of this program is for students to test their skills in the water and their knowledge of personal water safety and rules. This is in line with the Victorian Government regulations as well as part of the curriculum.

### Maths Olympiad

Our senior students have completed the Maths Olympiad competition for 2023. We will be handing out participation certificates and awards at assembly on Monday 13th November.

### Student Free Days

Monday 6 November: Student Free Day

Tuesday 7 November: Public Holiday for Cup Day (No TeamKids)

TeamKids <https://www.teamkids.com.au/>

### Enrolments

We have vacancies across all year levels in our school. We ask you to help us spread the news to families in Kensington as there are still some families who have not decided on a school for 2024. Did you know that we offer a discounted fee structure for those families who have a Health Care Card? This enables families to educate their children at Holy Rosary for a most affordable family fee. Prospective families are welcome to join us for a tour to see our classes in action.

<https://www.hrkensington.catholic.edu.au/enrolment-information/160-2/>

### Leaving HR at the end of 2023?

Please let the office know if your child is leaving HR at the end of the year. This information significantly impacts our staffing and class configurations in 2024.

Email: [frontoffice@hrkensington.catholic.edu.au](mailto:frontoffice@hrkensington.catholic.edu.au) Phone: 03 93769455

### Links

School Website

<https://www.hrkensington.catholic.edu.au/>

School Facebook

<https://www.facebook.com/profile.php?id=100046520094177>

### Mass and Assembly Schedule

<b>Assembly: Mondays</b> <i>Assembly begins at 2:50 in the Hall. Bags packed and lined up in class lines area. Parents are most welcome to join us.</i>			<b>Mass: Fridays</b> <i>Mass begins at 9:15am. Classes should be seated by 9:10am. Parents are most welcome to join us.</i>	
<b>Term 4 Assembly and Mass Schedule</b>				
<b>Date</b>	<b>Class</b>		<b>Date</b>	<b>Class</b>
<b>6 November</b>	N/A		<b>10 November</b>	Prep N & Prep S
<b>13 November</b>	Year 2		<b>17 November</b>	2S & 2N
<b>20 November</b>	3/4		<b>24 November</b>	3/4N
<b>27 November</b>	5/6		<b>1 December</b>	3/4W
<b>4 December</b>	Prep		<b>8 December</b>	3/4S
<b>11 December</b>	N/A			

## Holy Rosary Family Fun Day 2023 – 18 November

The Family Fun Day is fast approaching! There are a number of ways you can get involved and help out and we would love you to do so. We need all the help we can get to make this a memorable day for the kids!

- Be a volunteer/help on the stalls: check out the [FFD volunteer/stall roster](#) to see how you can help on one of the many stalls/activities
- Seeking donations: we are currently seeking various items for donation. Top priority this week are the following: second-hand clothing, books & toys; wine for our Wine Bingo stall (parents - please bring to the office); items for the hampers; items for the live/silent auctions. We'll also be seeking items for our ever-popular FFD cake stall w/c 13 November. Please see the recent weekly FFD newsletter, sent out on Thursday, for specific details of all requests.
- Remember: pre-sales for the Unlimited Ride Wristband and the Kids Fun Card will be available to buy at school from Monday 13 - Friday 17 November, 3:15 – 3:45pm.



## Wellbeing/Learning Diversity

*At Holy Rosary School all children and families are expected to be Wellbeing Warriors who look after the safety and wellbeing of themselves and others*

Eating disorders are mental illnesses, not a cry for attention or lifestyle choices and we need to take them seriously. Eating disorders affect one in twenty people across Australia and they can start affecting children from as young as six years. Often in primary school children it starts as negative body image and can potentially progress to disordered eating, and even eating disorders.

Disordered eating is a disturbed pattern of eating that can include fasting, skipping meals, only eating certain foods or food groups, and binge eating followed by excessive exercise. It is the biggest indicator for the onset of an eating disorder and should be taken seriously.

Body image is the perception that someone has of their physical appearance and their thoughts, feelings and attitudes about how they look. Sometimes what students see in the mirror doesn't always match with what they feel or think about themselves. The more unhappy a child feels about their body, the more likely they are to have poor self-esteem, disengage from physical activity and even engage in disordered eating.

Poor or negative body image has been associated with both girls and boys from as young as six years old. Girls experience negative body image more so than boys, particularly wanting to look thinner. In boys, body image is often wanting the 'ideal' body; taller, leaner and more muscular.

There are signs that you can look out for in your child in case you suspect body image concerns or disordered eating. These include;

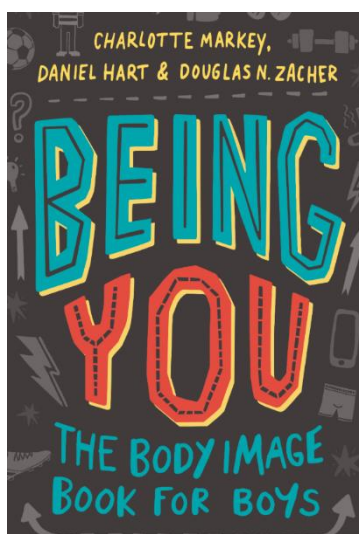
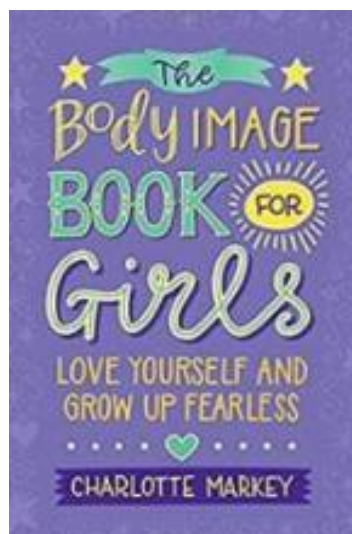
- Preoccupation with body image, body weight and food
- Weighing oneself often, keeping track of their weight
- Being sensitive to comments about food, weight or body shape
- Restrictive dieting
- Changes to eating habits - playing with food, only eating certain foods
- Avoiding situations that involve food
- Fluctuations in body weight
- Fatigue.

There are, of course, a range of other signs and symptoms..

Supporting our kids to have a positive body image can be achieved with good modelling, open communication and an understanding and appreciation for what our bodies can do.

As adults, we have to be really careful that we are sending the right messages about food, exercise and body image. Use this link to find more information on what you can do to support your child's positive body image - [BodyImageTipsForParents.pdf](#)

## Book of the Week



This week we are highlighting two books that are both from a psychologist and world leading expert in the world of body image research, [Charlotte Markey](#). These books are targeted to girls aged 9-15 and boys aged 12 and over. We don't currently have these books in our library, however, you can find them online to purchase or contact your local library. We will let you know when our copies arrive at school.

# Holy Rosary Positive Behaviour for Learning

**Every child has the right to learn and every teacher has the right to teach.**

Holy Rosary Positive Behaviour for Learning Lesson Plan for Holy Rosary Assembly Routine	
Step 1: List Learning Intentions and Success Criteria	
<b>We are learning to:</b> follow our school assembly routine respectfully and safely.	
<b>What it looks like:</b> It will look like students showing respect by entering and exiting the hall quietly, listening during assembly and welcoming parents and staff.	
Step 2: List a rationale for teaching the behaviour Why is it important?	
<b>Holy Rosary School Values:</b> Relationships, Respect, Resilience, Integrity, Kindness (highlight relevant values) <b>Holy Rosary School Expectations:</b> Safety is our right. Learning is our responsibility. Respect is our way.	
Being respectful and safe during our school assemblies is really important and routines around how we enter/exit, sit, participate etc, help our students to know exactly what is expected of them no matter the role they play (audience member/speaker).	
Step 3: Identify examples and non-examples of the desired behaviour	
What would the behaviour look/sound like?	What would the behaviour not look/sound like?
Examples	Non-examples
<ul style="list-style-type: none"><li>• Lining up in line order and walking into the hall this way</li><li>• Walking into the hall without talking</li><li>• Sitting in a line with your class quietly</li><li>• Greeting parents and teachers respectfully at the beginning of assembly</li><li>• Joining in the prayer at the beginning of assembly</li><li>• Standing up to sing the National Anthem facing the flag, then sitting down again without talking</li><li>• Listening to the person at the front who is speaking</li><li>• Applauding the speakers when appropriate and in an appropriate way (not too long)</li><li>• Singing happy birthday together in time with the singers at the front of the hall</li><li>• Waiting quietly until your classes turn to exit the hall and then doing so quietly and quickly - staying in line to ensure you exit safely</li></ul>	<ul style="list-style-type: none"><li>• Running into the hall</li><li>• Speaking loudly whilst waiting for assembly to start or during assembly</li><li>• Calling out during assembly</li><li>• Talking when asked to stand to sing the National Anthem</li><li>• Talking when sitting back down again</li><li>• Singing happy birthday in a silly way</li><li>• Talking to people sitting around you while someone is presenting at the front of the hall</li><li>• Mucking around when it is time for classes to exit the hall, meaning it takes longer for classes to leave</li></ul>



Michaela, Student Wellbeing Leader/Antoinette, Learning Diversity Leader

### **MUSIC - Class Concert in Week 7**

We will host our final class concert of the year in week 7 (15th and 16th of November). We had many great performances in our last class concert, and I'm sure students are once again excited to perform and listen to the performances of their peers. If students won't be here for the concert, they can video record their performance and I'll play it for the class on the day. Alternatively, let me know beforehand and I'll arrange a time for students to perform in subsequent lessons.

Same as last time, parents are invited to come in during their child's music lesson to watch the performances. Below is the timetable:

#### **WEDNESDAY 15TH OF NOVEMBER:**

<b>DATE/TIME</b>	<b>CLASS</b>
9:00 am -9:40 am	3/4N
9:40 am - 10:20 am	3/4W
10:20 am - 11:00 am	3/4S
11:50 am - 12:30 am	1N
12:30 am - 1:10 am	1S
1:10 am - 1:50 am	2N

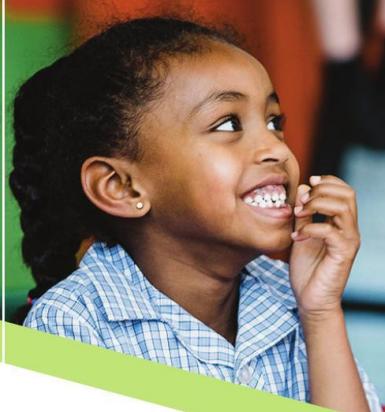
#### **THURSDAY 16TH OF NOVEMBER:**

<b>DATE/TIME</b>	<b>CLASS</b>
9:00 am -9:40 am	5/6W
9:40 am - 10:20 am	5/6N
10:20 am - 11:00 am	5/6S
11:50 am - 12:30 am	2S
12:30 am - 1:10 am	Prep S
1:10 am - 1:50 am	Prep N

Feel free to contact me if you have any questions. My email address is [ztsai@hrkensington.catholic.edu.au](mailto:ztsai@hrkensington.catholic.edu.au)

Sincerely,  
Zoe, Music teacher





## ENROLMENT 2024

Holy Rosary School  
Phone 9376 9455  
To book a Tour

## GIVE YOUR CHILD THE BEST START

We are an inclusive Catholic school where students are celebrated for the gifts they bring, and their strengths are applauded. Holy Rosary students are warm, friendly and welcoming. They make the most of learning opportunities and demonstrate an ever increasing range of interests and passions.

- Founded by the Mercy Sisters
- Specialist classes in Science, Music, Japanese, Art and Physical Education
- Student Leadership
- Instrumental Tuition
- Camps Yr 3 -6

- Speech, Drama and Chess Tuition
- Science Fair - Awarded Peter Craig Science Award (2019, 2020)
- Musical Production
- Positive Behaviour for Learning
- Prep Induction Program
- Sacramental Preparation

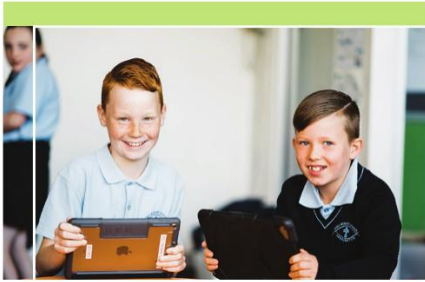
- Art Show
- Library
- Outside School Hours Program
- Excursions and Incursions
- Reduced Fees for Health Care Card Holders
- One to one Laptops Yr 3-6

37 Gower Street Kensington, Vic 3031 P 9376 9455  
E [enrolment@hrkensington.catholic.edu.au](mailto:enrolment@hrkensington.catholic.edu.au) E [frontoffice@hrkensington.catholic.edu.au](mailto:frontoffice@hrkensington.catholic.edu.au)  
[www.hrkensington.catholic.edu.au](http://www.hrkensington.catholic.edu.au)

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[frontoffice@hrkensington.catholic.edu.au](mailto:frontoffice@hrkensington.catholic.edu.au)

<https://www.hrkensington.catholic.edu.au/>



## Our School Vision

We are a dynamic and inclusive Catholic learning community called to service through our Mercy tradition. We nurture students to be engaged, passionate and successful learners who grow and feel connected in a contemporary world.

## Our School Values

Living Our Values The Holy Rosary Way  
Inspired by Jesus...

- We foster quality *Relationships*
- We are people of *Integrity*
- We show *Resilience* in times of adversity
- We *Respect* ourselves, others and our environment
- We respond with *Kindness* through our words and actions.



*Shining with Mercy Spirit*

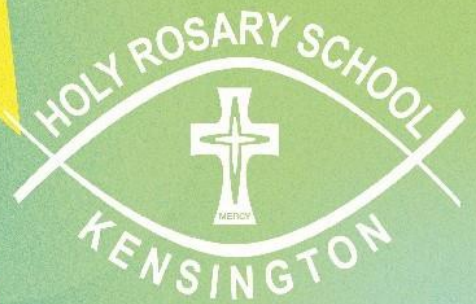
For more information please visit our website:

[www.hrkensington.catholic.edu.au](http://www.hrkensington.catholic.edu.au)

Connect with us via



# Family fun Day



**SAT 18  
NOVEMBER  
2023**

**CAKES**

**ARTS & CRAFTS**

**WINE  
BINGO**

**FACE  
PAINTING**

**HOT FOOD**

**RIDES**

**10am  
til  
3pm**

**SILENT & LIVE  
AUCTION**

**LIVE  
ENTERTAINMENT**

**FAIRY FLOSS**

**COFFEE CART**

**Holy Rosary  
School  
37 Gower St  
Kensington**



*Many hands make light work!*



## HOLY ROSARY SOCIAL & FUNDRAISING GROUP

### RUN BY PARENT AND CARER VOLUNTEERS

Without new volunteers each year, the Holy Rosary Social & Fundraising Group would not be able to continue to create opportunities for engagement within our school community.



### EVERYONE IS WELCOME

Whether you're a seasoned committee member, or have never organised an event in your life, you can bring new skills and ideas to the group. We meet formally once per term.

### WE ORGANISE AND RUN A WIDE RANGE OF EVENTS

An annual Mother's Day Stall and Disco, a biennial Family Fun Day and Trivia Night, plus BBQs, raffles, social events and more!



### OPPORTUNITIES FOR DIFFERENT ROLES

Don't want to lead a project? No problem! Be a part of the project subcommittee, use your networking skills, design marketing material, or volunteer some time at the event.

### NOMINATED POSITIONS

The Holy Rosary Social & Fundraising Group has a Chair +/- Co-Chair, and Secretary, plus general members. Treasurer duties are undertaken by the school's Bursar.



### SUPPORTED & INTEGRATED

The Holy Rosary Social & Fundraising Group is supported by the School Advisory Council (SAC). The Chair of the group also sits on the SAC.

**IF YOU'D LIKE TO GET INVOLVED,  
OR TO FIND OUT MORE,  
PLEASE EMAIL:**

[holyrosaryfundraising@gmail.com](mailto:holyrosaryfundraising@gmail.com)



FFD NEWSLETTER  
IN YOUR INBOX  
ON THURSDAYS!

...2 WEEKS TO GO...

### **Family Fun Day - WE NEED YOU!**

Holy Rosary FFD is fast approaching, and the excitement is building! Volunteers are still required to make the day run smoothly. Here are some of the jobs requiring people to put up their hand to help.

- 1 **Donation collections** from businesses in the week prior to FFD - all slots available
- 2 **Bump in** setting up marquees, tables, etc. - urgent requirement
- 3 **Bump out** dismantling marquees, clean up and pack away - urgent requirement
- 4 **Silent & Live Auctions** - 4 slots available at each time slot throughout the day
- 5 **Second-hand toys** - requires volunteers at each time slot throughout the day

**Please click the  
SignUp Genius  
link here to sign  
up today!**



### **Want to get involved?**

The Holy Rosary Social & Fundraising Group is looking for new members!

Check out our attached flyer to see if our group is for you and reach out.



We would love your input! Is there anything you think funds raised this year should buy?

A mural? New seating? Any other ideas?

Please let us know at [holyrosaryfundraising@gmail.com](mailto:holyrosaryfundraising@gmail.com)



### **Fun Lunch Fridays - ICY POLE DAY!**

Fun Lunch Fridays will end the term by having our **annual Icy Pole Day!**

**When:** Friday 15th December - last day of school (first lunch)

**Cost:** \$1-2 per item

**Please note:** One icy pole or ice cream per child.



Fun Lunch Fridays continue throughout Term 4. If you have any questions please message Rachel Luong on 0425 723 844.

### **SIGN UP TODAY & SAVE!**

<https://subscribe.entertainment.com.au/fundraiser/1892v19>

